

2006 American Red Cross Regional Lifeguard Competition (63 teams)

State Qualifiers:

2nd Place CRC Ryan Pool • 3rd Place CRC North Fairmount Pool
 4th Place CRC West Combined Pools • 5th Place CRC Pleasant Ridge Pool
 7th Place CRC Central Combined Pools • 8th Place CRC South Fairmount Pool
 9th Place CRC Pleasant Ridge Pool • 10th Place CRC Camp Washington Pool
 11th Place CRC Bush Pool • 12th Place CRC Washington Park Pool

2005 American Red Cross Regional Lifeguard Competition (54 teams)

State Qualifiers:

2nd Place CRC Dempsey Team Pink • 3rd Place CRC North Fairmount Pool
 4th Place CRC Krueck Pool • 7th Place CRC Madisonville Pool
 9th Place CRC Evanston Pool • 10th Place CRC Avon Pool

American Red Cross State of Ohio Lifeguard Competition

2004 - 10th Place CRC Krueck Pool
 2003 - 4th Place CRC Madisonville Pool
 2002 - 1st Place CRC Krueck Pool
 2001 - 1st Place CRC Krueck Pool



Cincinnati Recreation Commission **80** *80 years old and still young at* **Aquatic Division Program Brochure 2007**

KIDS LOOK UP TO YOU

EARN MONEY

Be Fit, Swim Learn to be a Leader
 Job Advancement

GAIN RESPECT

Make new friends-memories last a lifetime

Work Outside



Summer Job Security

Increase Communication Skills Learn Lifesaving Skills



EARN MONEY Learn to be a Leader

Increase Communication Skills Work Outside

Be in Charge Summer Job Security Be Fit, Swim

GAIN RESPECT Connect with the Community

Team Building Learn to be a Leader

Learn Lifesaving Skills Be in Charge Role Model

Increase Communication Skills Be Fit, Swim

Discover the Benefits...

Cincinnati Recreation Commission

AQUATIC DIVISION PROGRAM BROCHURE 2007

Cincinnati Recreation Commission Vision:

The Cincinnati Recreation Commission will excel in the delivery of recreational services to the people of Cincinnati.

Aquatic Division Mission:

The Cincinnati Recreation Commission Aquatic Division will provide fun, safe, quality aquatic related programming and recreational activities for the residents and visitors of Cincinnati. CRC's 39 pools throughout Cincinnati will provide customer friendly environments with affordable and diverse activities which meet the needs of the community's citizens.

History / Information:

We are currently completing an evaluation and plan for all of our 39 pools.

- For 2008 we will be opening our new Otto Armleder Aquatic Center at Dunham, 4356 Dunham Lane, 45238.
- CRC dedicated it's newest pool in July 2004 Winton Place zero-depth entry, shallow-water pool.
- CRC's Otto Armleder Aquatic Complex at Hanna playground, with zero-depth entry and a slide opened in 2003.
- The average age of CRC pools is 40 years.
- CRC received the National Recreation and Park Association's Excellence In Aquatics Award in 1997.
- Each season we hire 350 staff that help us "Work the Water Better."
- CRC lifeguards as a group average 168 preventative rescues a season.
- Our annual city-wide swim meet hosts over 500 swimmers.

(513) 357-POOL (7665)

www.cincyrec.org

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***All schedules are subject to change.**

Cincinnati Recreation Commission

2007 Pool Membership Rates

Enjoy programs at all CRC pools for the entire calendar year with your city-wide pool token membership. Pool tokens can be conveniently purchased at CRC shallow and deep water pool sites. Regardless of the point of purchase, all pool tokens are valid for admittance to all CRC pools until 12/31/07. Pool memberships are required for all patrons entering the facility, including infants and adults who are supervising children. Memberships are required even if you are visiting for one day. CRC pools have 2 membership levels, red pools and blue pools.

Cool off; beat the heat at CRC's 2 FREE aquatic facilities. Both Concourse Fountain on the Riverfront and Dyer Sprayground are available at no charge and will not sell pool tokens.

Replacement Token Fee at all pools \$5.00

Red Pools

For just **\$5.00** for the year, city-wide pool tokens for **all ages** are available at the following 29 pools:

Deep Water Pools

- | | |
|-------------------------------|---|
| 1. Avon | 12. Millvale |
| 2. Bond Hill | 13. Mt. Auburn Warm Water Indoor (year round) |
| 3. Bush | 14. North Fairmount |
| 4. Camp Washington | 15. Over The Rhine Indoor (year round) |
| 5. Dempsey | 16. Oyler |
| 6. Evanston | 17. Ryan |
| 7. Filson | 18. South Fairmount |
| 8. Krueck Indoor (year round) | 19. Washington Park |
| 9. Lincoln | 20. Winton Hills |
| 10. Madisonville | 21. Ziegler |
| 11. McKie | |

Shallow Water Pools

- | | |
|-----------------|---|
| 1. Caldwell | 5. Inwood |
| 2. College Hill | 6. LeBlond |
| 3. Fairview | 7. Otto Armleder Aquatic Complex at Hanna |
| 4. Hoffman | 8. Winton Place |

Blue Pools

For just **\$10.00** for the year, city-wide pool tokens for **all ages** are available at the following 8 pools:

Deep Water Pools

- | | |
|-------------------|-----------------------------------|
| 1. Dickman | 4. Oakley |
| 2. Hartwell | 5. Pleasant Ridge |
| 3. Mt. Washington | 6. West High Indoor (summer only) |

Shallow Water Pools

- | | |
|--------------|-----------|
| 1. Mt. Adams | 2. Oskamp |
|--------------|-----------|

Recreation programs and facilities are open to all citizens regardless of race, gender, color, religion, nationality, sexual orientation or disability. CRC is an Equal Opportunity Employer and is committed to supporting the Americans with Disabilities Act. Please call (513) 357-POOL (7665) if you require any special accommodations.

Cincinnati Recreation Commission

Aquatic Division Group Policy

Enjoy outdoor fun at the pool with your group of children or adults at the Cincinnati Recreation Commission's 39 pools. In addition to our CRC day camp groups, numerous child care providers and church groups use our pools to beat the summer heat. Groups have two options:

1) Schedule times at a pool during open swim hours. Up to 1/2 of our pool capacity may be reserved for groups. Pools do sometimes reach capacity. There are no guarantees. Admittance is on a first-come, first-serve basis. Some pools are busier than others, so if you are driving to a site contact us for suggestions.

2) Guarantee a private swim time for your group by renting the pool. (see Facility Rentals section) We suggest this option for large groups. Pool rentals are also ideal for birthday parties, community picnics or family reunions.

Our city-wide pool membership token makes it convenient to try out different pools. Pool tokens are valid at all pools for the entire year. Adults supervising children must have pool memberships.

Registration:

To avoid lines at pool gates, groups may pick up pool membership registration cards in advance pre-season from the aquatic office, 357-POOL(7665), or from the pool during the season. Each participant, including leaders, must have a completed, signed card in order to purchase a pool token. Cards for youth, ages 17 and under require a parent or guardian signature. Pool tokens may not be used by more than one person.

Payment:

Checks made payable to the Cincinnati Recreation Commission may be taken along with your group's registration cards to the pool you will be using. The gate monitor on site will issue pool tokens. Token sales are not available at our aquatic office.

Pool Visits:

If your group will be visiting a pool other than the one where you purchased your pool tokens, simply bring a copy of your group roster to the other pool. Rosters need to include the following: token number, original purchase site, child's name, address, phone number, emergency contact name and phone number, medical conditions, date of birth.

Each person must show their pool token for admittance each time they visit any CRC pool.

Realize each pool has a capacity. To try to avoid being turned away, call the pool and speak with the manager at least one day in advance to prearrange time for your group. Groups are scheduled on a first come, first serve basis. The exception to this is the Concourse Fountain shallow water fountain on the Riverfront and Dyer Sprayground, which are free. Groups attend Concourse Fountain and Dyer Sprayground daily, on a first come, first serve basis and times are not reserved.

Pool Rules:

All group participants are to follow the Cincinnati Recreation Commission's Pool Rules and Policies while enjoying CRC pools. Please review CRC pool rules with your group before visiting the pool. **CRC lifeguards are not babysitters; group leaders are expected to actively supervise their participants while visiting the pool.** Thank you for your cooperation. See the pool rules section.

Facility Rentals: (Also see page 11)

For private group rentals, contact the pool manager at the pool. Birthday Party / Celebration Party Rentals are available. Pools are rented for a 3 hour minimum at the following rates:

Outdoor Shallow Water Pool	\$45.00 / hour
Outdoor Deep Water Pool and Otto Armleder Shallow Pool	\$90.00 / hour
Indoor Deep Water Pool	\$45.00 / hour

* Rental period to include 1/2 hour set-up and 1/2 hour clean-up in rental period.

* Additional staff costs are as needed based on group size.

Swim Lessons:

You can't beat this deal. CRC is offering 2 three week sessions of swim lessons for \$10.00 or for \$30.00 per child/per session. Each session consists of 10 -12 scheduled one-half hour group classes, 4 days a week. Help your children learn a lifetime fitness skill. Sessions run June 11 through June 28 and July 9 through July 26. Schedules may vary at some pools. Register at the pool of your choice.

Free Lunch: (Also see page 20)

The Cincinnati Public Schools will be operating a free lunch program at many CRC Pools and community centers. Those 18 and under can take advantage of this program by checking in 15 minutes before lunch is served. Children will be cleared from the water during lunch programs. Groups may choose to continue swimming if not eating free lunch.

Pool Listings/Opening & Closing Dates

POOL NAME	TYPE	ADDRESS	ZIP	PHONE	NEIGHBORHOOD	OPENING DATE	CLOSING DATE
Avon	deep	870 Blair Avenue	45229	281-6720	Avondale	6/08/07	8/06/07
Bond Hill	deep	1620 Yarmouth Avenue	45237	242-6897	Bond Hill	6/07/07	8/06/07
Bush	deep	2640 Kemper Lane	45206	751-5085	Walnut Hills	6/07/07	8/06/07
Caldwell	shallow	316 North Bend Road	45216	821-4473	Carthage	6/11/07	8/06/07
Camp Washington	deep	1201 Stock Street	45225	681-1241	Camp Washington	6/06/07	8/06/07
College Hill	shallow	5660 Belmont Avenue	45224	541-4504	College Hill	6/08/07	8/06/07
Concourse Fountain	wading fn.	601 East Mehring Way	45202	352-3675	Downtown	6/02/07	8/19/07
Dempsey	deep	956 Purcell Avenue	45205	921-6338	Price Hill	6/05/07	8/10/07
Dickman	deep	6720 Home City Avenue	45233	941-6270	Saylor Park	6/08/07	8/06/07
Dyer Sprayground	sprayground	2110 Freeman Ave.	45214	241-1192	West End	6/12/07	8/07/07
Evanston	deep	3558 Evanston Avenue	45207	631-6929	Evanston	8/08/07	8/06/07
Fairview	shallow	2219 Ravine Street	45219	421-4576	Clifton Heights	6/12/07	8/07/07
Filson	deep	461 Ringgold Street	45210	721-1209	Mt. Auburn	6/07/07	8/06/07
Hartwell	deep	8275 Vine Street	45216	821-2153	Hartwell	6/05/07	8/07/07
Hoffman	shallow	3059 Woodburn Avenue	45206	281-3360	Evanston / Walnut Hills	6/11/07	8/06/07
Inwood	shallow	2322 Vine Street	45219	241-5412	Mt Auburn / Clifton	6/13/07	8/06/07
Krueck	indoor	270 W. McMillan Avenue	45219	861-2333	Clifton Heights	6/11/07	8/06/07
LeBlond	shallow	2335 Eastern Avenue	45202	281-3717	East End	6/11/07	8/06/07
Lincoln	deep (50 meter)	1027 Linn St.	45203	621-6783	West End	6/05/07	8/10/07
Madisonville	deep	5312 Stewart Avenue	45227	271-3301	Madisonville	6/06/07	8/08/07
McKie	deep	1655 Chase Avenue	45223	681-7669	Northside	6/04/07	8/06/07
Millvale	deep	3303 Beekman Street	45225	541-1707	Millvale	6/07/07	8/06/07
Mt. Adams	shallow	966 Mt. Adams Circle	45202	421-5073	Mt. Adams	6/06/07	8/08/07
Mt Auburn	indoor	270 Southern Avenue	45219	381-6780	Mt. Auburn	6/18/07	8/11/07
Mt. Washington	deep	1715 Beacon Street	45230	232-5621	Mt. Washington	6/05/07	8/07/07
North Fairmount	deep	1702 Denham Street	45225	921-5666	North Fairmount	6/08/07	8/06/07
Oakley	deep	3900 Paxton Road	45209	631-4264	Oakley	6/05/07	8/07/07
Oskamp	shallow	5652 Glenway Avenue	45238	922-1843	Western Hills	6/12/07	8/06/07
Otto Armleder	shallow	226 Stark Street	45210	721-7521	Over The Rhine	6/04/07	8/10/07
Over The Rhine	indoor	1715 Republic Street	45210	381-8666	Over The Rhine	6/11/07	8/06/07
Oyler	deep	2125 Staebler Street	45204	251-0475	Lower Price Hill	6/08/07	8/06/07
Pleasant Ridge	deep	5915 Ridge Avenue	45213	531-1707	Pleasant Ridge	6/04/07	8/10/07
Ryan	deep	3324 Meyer Place	45211	661-3128	Westwood	6/04/07	8/06/07
South Fairmount	deep	1685 Queen City Avenue	45214	921-6262	South Fairmount	6/09/07	8/06/07
Washington Park	deep	1315 Race Street	45210	721-5150	Over The Rhine	6/07/07	8/06/07
West High	indoor	2144 Ferguson Road	45238	363-8830	Winston Hills	6/11/07	8/03/07
Winton Hills	deep	5170 Winnestie Avenue	45232	641-3688	Winton Hills	6/08/07	8/06/07
Winton Place	shallow	634 Hand Avenue	45232	542-2768	Winton Place	6/06/07	8/08/07
Ziegler	deep	1311 Sycamore Avenue	45210	621-3650	Over The Rhine	6/08/07	8/06/07

Pool Program Chart

POOL	Phone	Type	Adapted Aquatic Program(s)	Aquacize	Discover Scuba	Fitness Lap Swim	Free Lunch pool /ctr	Guard Start	Kayak Skills Class	Kroger Family Fun Pool Days	Open Swim	Swim Lessons Offered	Swim Team Offered
Avon	281-6720	deep					X	X		X	X	X	X
Bond Hill	242-6897	deep		X			X	X		X	X	X	X
Bush	751-5085	deep		X	X	X		X		X	X	X	X
Caldwell	821-4473	shallow											
Camp Washington	681-1241	deep					X	X		X	X	X	X
College Hill	541-4504	shallow	X										
Concourse Ftn	352-3675	wading fn											
Dempsey	921-6338	deep					X	X		X	X	X	X
Dickman	941-6270	deep		X	X		X	X		X	X	X	X
Dyer Sprayground	241-1192	sprayground					X						
Evanston	631-6929	deep											
Fairview	421-4576	shallow						X		X	X	X	X
Filson	721-1209	deep						X		X	X	X	X
Hartwell	821-2153	deep					X	X		X	X	X	X
Hoffman	281-3360	shallow					X	X		X	X	X	X
Inwood	241-5412	shallow											
Krueck	861-2333	indoor		X				X		X	X	X	X
LeBlond	281-3717	shallow											
Lincoln	621-6783	deep				X 50 meter	X	X		X	X	X	X
Madisonville	271-3301	deep	X	X	X		X	X		X	X	X	X
McKie	681-7669	deep			X	X	X	X	X	X	X	X	X
Millvale	541-1707	deep					X	X		X	X	X	X
Mt. Adams	421-5073	shallow		X			X			X	X	X	X
Mt Auburn	381-6780	indoor warm											
Mt. Washington	232-5621	deep		X		X	X	X		X	X	X	X
North Fairmount	921-5666	deep					X	X		X	X	X	X
Oakley	631-4264	deep			X					X	X	X	X
Oskamp	922-1843	shallow											
Otto Armleder	721-7521	shallow (new 2003)					X	X		X	X	X	X
Over The Rhine	381-6780	indoor					X	X	X	X	X	X	X
Oyler	251-0475	deep						X		X	X	X	X
Pleasant Ridge	531-1707	deep		X		X	X	X		X	X	X	X
Ryan	661-3128	deep	X		X	X	X	X		X	X	X	X
South Fairmount	921-6262	deep			X		X	X		X	X	X	X
Washington Park	721-5150	deep					X	X		X	X	X	X
West High	363-8830	indoor					X	X		X	X	X	X
Winton Hills	641-3688	deep					X	X		X	X	X	X
Winton Place	542-2768	shallow (new 2004)					X	X		X	X	X	X
Ziegler	621-3650	deep					X	X		X	X	X	X
Totals:			3	9	7	10	25	26	2	23	38	37	26

Year-Round Pools

CRC is proud of it's 3 indoor year round pools, all offering a wide variety of programs to fit your aquatic needs. Increase your energy, combat the winter blues and get into shape for summer – swim inexpensively all year.

Krueck Pool, 270 W. McMillan Avenue, attached to Hughes High School in Clifton, offers Aquacize, Stingrays USA Swimming City-wide Swim Team, Fitness/Lap Swimming, Learn to Swim Lessons and Open Swim. Krueck pool is our main aquatic staff training facility. Cincinnati Recreation aquatic staff teach 10-12 American Red Cross Lifeguard Training Courses each year, as well as free evening swim stroke clinics to prepare those 14 and older for the Lifeguard Training courses. American Red Cross Water Safety Instructor and Lifeguarding Instructor Courses are offered each year. Krueck Pool is also available for rentals to individuals and groups.

Krueck pool is \$5.00 for all ages for the year. Program fees vary. Call the CRC Aquatic Division Office #357-POOL(7665) or Krueck Pool #861-2333 for details.

Mt. Auburn Pool, 270 Southern Avenue, located in Mt. Auburn, is a warm water pool, average temperature 89 degrees F, perfect for anyone looking for a warmer pool. Mt. Auburn's trained staff offers adapted aquatic swim programs and the pool is handicap accessible. Mt. Auburn is also available for rentals by Occupational Therapists, Physical Therapists and for one-on-one therapeutic water work. During the weekdays school groups, and Senior groups have classes. Everyone can take advantage of a comfortable water environment. Learn to Swim lessons are also available for adults and children. The warm water environment is a perfect place to orient your little one, age 6 months to 5 years to the water in our American Red Cross Parent and Child Program. Conquer your fear of water; sign up for individual or group swim lessons in a comfortable warm water environment.

Mt. Auburn Pool is \$5.00 for all ages for the year. Swim Lessons are \$30/session. Other Aquatic Program fees vary.

See the Adapted Aquatic Programs section for more information Call the CRC Aquatic Division Office #357-POOL(7665) or Mt. Auburn Pool #381-6780 for details.

Over The Rhine Pool, 1715 Republic Street, located in Over the Rhine across from Findlay Market, is the least expensive way to get into shape and stay in shape year round in the City of Cincinnati. The cost is \$5.00 for everyone to come to the pool and enjoy the variety of programs offered; Learn To Swim Lessons, Fitness/ Lap Swim and Open Swim. Want to kayak? Learn kayaking skills in our indoor pool during fall, winter and spring. Whether you are young or old, if you come to the Hub Center and Pool, you will have a great time!

Over the Rhine Pool is \$5.00 for all ages. Swim lessons (\$10 value) are included with a membership. During spring session, children can earn their pool membership for free by attending 9 of 14 free swim lessons. Program fees vary.

Call the CRC Aquatic Division Office #357-POOL(7665) or Over the Rhine Pool #381-8666 for details.

Adapted Aquatics Programs

CRC's Aquatic Division strives for inclusiveness through **Adapted Aquatics Programs** that include social interaction for you or someone you know who is rehabilitating from an injury or has a disability. Mt. Auburn year round warm water pool is the perfect pool for participating in our Adapted Aquatic Swim Programs, preparing for Special Olympics swim meets, or Blaze Sports, improving flexibility or gaining swimming skills. Mt. Auburn pool is accessible for individuals with disabilities and offers trained staff for a variety of group and individual instruction. Mt. Auburn pool is also available for rentals by Occupational Therapists, Physical Therapists or for one-on-one therapeutic water work.

Mt. Auburn's warm water is also ideal for learn to swim lessons. The Cincinnati Recreation Commission offers American Red Cross Levels 1, 2, 3 and 4 swim lessons for ages 6 and older. For infants 6 months to preschoolers 5 years old, we offer Parent and Child water familiarity classes. Adult lessons are also available.

Mt. Auburn Warm Water Year-Round Programs Include:

Adapted Aquatic Program	Tuesday (Fall, Winter, Spring)	4:30pm-6:45pm
	Saturday (Fall, Winter, Spring)	10:00am-12:15pm
Arthritis Movement Program (certified by the Arthritis Foundation)	Tuesday	3:00pm-4:00pm
	Thursday	2:00pm-3:00pm
	Friday	1:00pm-2:00pm
Senior Movement and Exercise Classes		Call for times
Learn to Swim Lessons - American Red Cross		
	Level 1 & 2	Monday & Wednesday 5:30pm-6:00pm
	Parent and Child (ages 6 months to 5 years)	Saturday 9:00am-10:00am
	Levels 3 & 4	Monday & Wednesday 6:00pm-6:30pm
	Levels 1 & 2 Adults	Monday & Wednesday 6:30pm-7:15pm

(additional swim lessons may be available, call 357-POOL or Mt. Auburn Pool at 381-6780 for details) *summer hours may vary from above, call for details.

Therapeutic Summer Day Camp Programs

Therapeutic Summer Day Camps swim at College Hill, Madisonville and Ryan Pools.

For current fee information about Therapeutic Summer Day Camp Programs call Terry #352-4015.

Inclusion

All Cincinnati Recreation Commission aquatic programs are available for participants with disabilities. If an individual requires assistance in order to successfully participate, an accommodation may be requested. Our CRC therapeutic Division's "Inclusion Team" will assist individuals with disabilities while participating in aquatic programs. The inclusion staff will:

- a.) Assist in identifying a Cincinnati Recreation Commission aquatic program that fits your needs and interests.
- b.) Assist in the process of registering and if necessary requesting an accommodation.
- c.) Assist pool staff and instructors in providing necessary accommodation and other supports for successful participation.

For inclusion information contact Terry at #352-4015.

Aquacize

CRC wants to help you improve your fitness level, decrease stress, build strength and muscle tone through fun aquatic fitness programs.

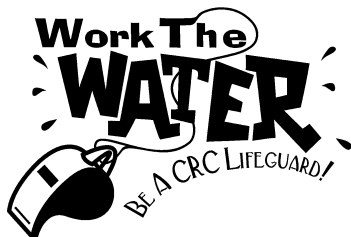
Before starting any workout program, please consult your physician.

Aquacize is an aerobic water workout, designed to get your heart pumping for a 45-60 minute class. Did you know that every gallon of water you move weighs 8.3lbs?! Stay cool and workout to music. Your first class is free, so come and try it!

Bond Hill	Monday & Wednesday	6:15pm-7:15pm
Bush	Monday-Thursday	5:30pm-6:30pm
Dickman	Monday-Thursday	6:30pm-7:30pm
Krueck (Indoor Pool)	Monday-Friday Saturday	6:00pm-7:00pm (year-round) 9:00am-10:00am(year-round)
Madisonville	Tuesday & Thursday	6:00pm-7:00pm
Mt. Adams (Shallow Water Pool)	Monday-Thursday	6:00pm-7:00pm
* Mt.Washington	Tuesday & Thursday Thursday	9:30am-10:30am 6:00pm-7:00pm
Pleasant Ridge	Tuesday & Thursday	8:00am-9:00am (mornings)
Ryan	Monday-Thursday	5:30pm-6:30pm
<u>Aquacize</u>	45-60 minute classes Package of 10 classes Package of 20 classes	per class \$3.00 \$25.00 (that's \$2.50/class!) \$45.00 (that's \$2.25/class!)

Aquacize passes can be purchased at any of the pools above.

* Mt. Washington Aquacize program requires a \$15.00 Mt. Washington Center membership in addition to the Aquacize class fee.



Fitness Lap Swim

Fitness Lap Swim is a great chance to get in the pool and get in some distance swimming. Lap lane(s) are available, based on attendance, at most of our deep water pools during evening swim team practice and some locations during open swim times. Call your local CRC pool for availability.

Bush Pool	During Swim Team During Aquacize	M-F M-Th	4:30pm-5:30pm 5:30pm-6:30pm
Hartwell Pool	During Open Swim	M,W,F	5:30pm-7:00pm
* <u>Krueck Indoor Pool</u>	Schedule may vary seasonally, call #861-2333 Fitness Swim Time (1-2 lanes available during aquacize) Fitness Swim Time	M-F M-F	5:30pm-7:00pm Summer 8:30pm-9:30pm Fall, Wtr, Spr
Lincoln (50 meter)	During Swim Team During Open Swim During Open Swim	M-F M-Sa T & Th	4:30pm-5:30pm 12:00pm-4:30pm 5:30pm-7:00pm
McKie Pool	During Swim Team During Open Swim	M-F T & Th	4:30pm-5:30pm 5:30pm-7:00pm
Mt. Washington Pool	During Swim Team During Open Swim	M-Th F M & W	5:00pm-6:00pm 4:30pm-5:30pm 6:00pm-7:30pm
Oakley Pool	During Swim Team During Open Swim	M-F T & Th	4:30pm-5:30pm 5:30pm-7:00pm
* <u>Over The Rhine Indoor Pool</u>	Schedule may vary seasonally, call #381-8666 During Swim Team During Open Swim	M-F M-F	4:30pm-5:30pm Summer 4:00pm-6:00pm (days vary seasonally)
Pleasant Ridge Pool	During Open Swim During Family Night	M-Th F	5:30pm-7:30pm 5:30pm-7:30pm
Ryan Pool	During Open Swim During Swim Team During Aquacize During Open Swim	M-Sa M-F M-Th. M & Th	12:00pm-4:30pm 4:30pm-5:30pm 5:30pm-6:30pm 5:30pm-7:00pm

Call your local CRC pool for times.

* Year round pool



Discover S.C.U.B.A. 2007!

Discover SCUBA with SCUBA Unlimited's certified dive staff! Gain self-confidence and experience the thrill of trying Self Contained Underwater Breathing Apparatus under the guidance of a P.A.D.I. certified instructor. Those age 12 and older can come to one of these Discover S.C.U.B.A. sessions and receive an introduction to SCUBA. Adults, Parents and families are encouraged to participate.

Parental permission slips are required and available at scheduled pools. Class size limited to 45. Groups must preregister with Steve at McKie, 681-8247.

Oakley	Tuesday	6/12/07	10:30am-12:30pm
South Fairmount	Tuesday	6/19/07	10:30am-12:30pm
McKie	Tuesday	6/26/07	10:30am-12:30pm
Bush	Tuesday	7/10/07	10:30am-12:30pm
Ryan	Tuesday	7/17/07	10:30am-12:30pm
Dickman	Tuesday	7/24/07	10:30am-12:30pm
Madisonville	Tuesday	8/07/07	10:30am-12:30pm

When possible in the Fall/Winter/Spring the Cincinnati Recreation Commission and SCUBA Unlimited, Inc. work together to instruct and certify teen divers. In this course, use your math skills to learn dive tables, experience the underwater world of marine life and become a P.A.D.I. certified diver. Join our teen dive club, gain lifetime skills and make new friends!

For more information or to register your group, call 357-POOL (7665) or Steve at McKie Recreation Center 681-8247.

Aquatic Facility Rentals

Pool Rental Fees

Outdoor shallow water pool (3 hour minimum)	\$45.00 /hour
Outdoor deep water pool and Otto Armleder Shallow Pool (3 hour minimum)	\$90.00 /hour
Indoor deep water pool (3 hour minimum)	\$45.00 /hour

*Indoor pool long term pool rentals with more than 30 hours per calendar year receive a reduced rate of \$25.00/hour based on two staff.

Birthday/Celebration Party Pool Rentals

Are you looking for a fun facility for your summer family reunion or birthday party? Perhaps you're celebrating a special event like graduation or just want to have a different kind of party in the winter. Rent a CRC pool for your next event. Rentals include lifeguard staff and inflatable pool floats and pool foam noodles. Groups are permitted to bring food into pool areas during rentals.

Pool rentals are available outside of normal pool operating hours.

* CRC pool facilities are alcohol and drug free.

For further information call #357-POOL (7665) or schedule with the pool manager and pool supervisor at the pool of your choice.

NEIGHBORHOOD SPONSORS HELP EXTEND POOL HOURS TO INCLUDE EVENINGS AND/OR WEEKENDS AND PROVIDE FUNDING TO EXTEND OUR POOL SEASON.

For more information and to help call Jincey at 378-5949.

Celebrate the holiday on Wednesday, July 4th at these THREE Cincinnati Recreation Commission Swimming Pools!

- 1. Concourse Fountain** **12:00 noon - 9:00 pm**
601 East Mehring Way 352-3675 (Downtown)
- 2. Otto Armleder Aquatic Complex** **12:00 noon - 4:00 pm**
226 Stark Street 721-7521 (Over The Rhine)
- 3. Winton Place Zero-Depth Pool** **12:30 pm - 4:30 pm**
634 Hand Avenue 542-2768 (Winton Place)

***All other CRC Pools will be closed on July 4th.**

American Red Cross

**GUARD
START™**
LIFEGUARDING TOMORROW
Encouraging Future Lifeguards

**“LEARN
AND
EARN”
PROGRAM**

Guard Start Learn and Earn Program

Guard Start Competition

Saturday July 21, 2007

10:00am - 4:00pm at Ryan Pool (3324 Meyer Place)

The American Red Cross **Guard Start** Lifeguarding Tomorrow program gives your child a jump start into Red Cross lifeguarding. This program will help your child, age 11-14, build a foundation of knowledge, attitudes and skills to become a future lifeguard. Your child will receive instruction in prevention, fitness, response, leadership, professionalism and swimming skill development. Your child will have the opportunity to earn incentive items like goggles, T-shirt, and a swimsuit through a structured program designed to encourage timeliness, trying hard and appropriate behavior. Depending upon grant funding received, she/he may earn up to \$50.00 as well.

This is a great 6 week program, from June 18 through July 26, at 26 of CRC's pools.

To be eligible, a child must be able to swim across the width of the pool.

They must also be able to stand, put their face in the water and blow bubbles.

To register, a child can sign up at one of the pools below beginning Wednesday, June 13 at 12:00 noon. Additional registration is available during pool hours after June 13. Parents aren't required at registration, but must complete the registration form by June 28 for their child to remain eligible. Ten to fifteen students per site are selected on a first come, first serve basis.

Monday-Thursday 3 hours between 9:30am and 3:00pm
(varies by pool) (includes 1/2 hour lunch break and free lunch)

Avon	11am-2pm	Krueck	11am-2pm	Oyler	10:30am-1:30pm
Bond Hill	11am-2pm	Lincoln	10am-1pm	Pleasant Ridge	9:30am-12:30pm
Bush	11am-2pm	Madisonville	12pm-3pm	Ryan	10am-1pm
Camp Washington	10:30am-1:30pm	McKie	10am-1pm	South Fairmount	10:30am-1:30pm
Dempsey	10:30am-1:30pm	Millvale	11am-2pm	Washington Park	11am-2pm
Dickman	11am-2pm	Mt. Washington	10am-1pm	West High	Wed. 8am-12pm
Evanston	10:30am-1:30pm	North Fairmount	11am-2pm	Winton Hills	10am-1pm
Filson	10:30am-1:30pm	Oakley	10am-1pm	Ziegler	11:30am-2:30pm
Hartwell	11am-2pm	Over The Rhine	11:30am-2:30pm		

For more information, contact your pool or Holly at 357-POOL (7665).

Kayak Skills Development

The pool is a perfect place to learn the fundamentals of kayaking. It's also a great way for skilled paddlers to mentor a teenage kayaker. This class is for experienced or novice kayakers. Develop or perfect your moves. Learn about paddling safely, basic paddle strokes, wet exits, rolls and rodeo moves in these Monday or Wednesday evening classes. Whether you own a kayak or not, join the group for a lot of fun and some river trips. Class activities are listed.

Teen/Adult Kayak Class \$65.00 with kayak \$100.00 without kayak
(an additional \$15.00 for McKie Center and \$5.00 for CRC Pool memberships required)

Mondays or Wednesdays June 11 to July 11 5:30pm to 9:00pm Adults
(no class Wed., July 4th)

Mondays or Wednesdays July 16 to August 6 5:30pm to 9:00pm Teens

McKie Pool 1655 Chase Ave. in Northside (behind McKie Community Center)

- class 1 McKie Pool
Injury prevention for paddlers, Basic paddle strokes, Wet exit, Intro to roll, Intro to flat water rodeo moves
- class 2 McKie Pool
Paddle stroke refinement, Core body use, Roll practice, Reading the water, Intro to river rodeo moves
- class 3 McKie Pool
Eddy turns, Ferrying, Squirt moves, Eskimo rescue
- class 4 McKie Pool
Slalom gates, Roll practice
- class 5* Little Miami River, Miamiville, OH
(*Date TBD) River Trip
- class 6 McKie Pool
Paddle stroke refinement, Core body use, Roll practice, Reading the water, Intro to river rodeo moves
- class 7 McKie Pool
Eddy turns, Ferrying, Squirt moves, Eskimo rescue
- class 8 McKie Pool
Eddy turns, Ferrying, Squirt moves, Eskimo rescue
- class 9 McKie Pool
Slalom gates, Roll practice, Kayak polo, and more

Introduction to Basic Kayaking for Beginners (adults & seniors)

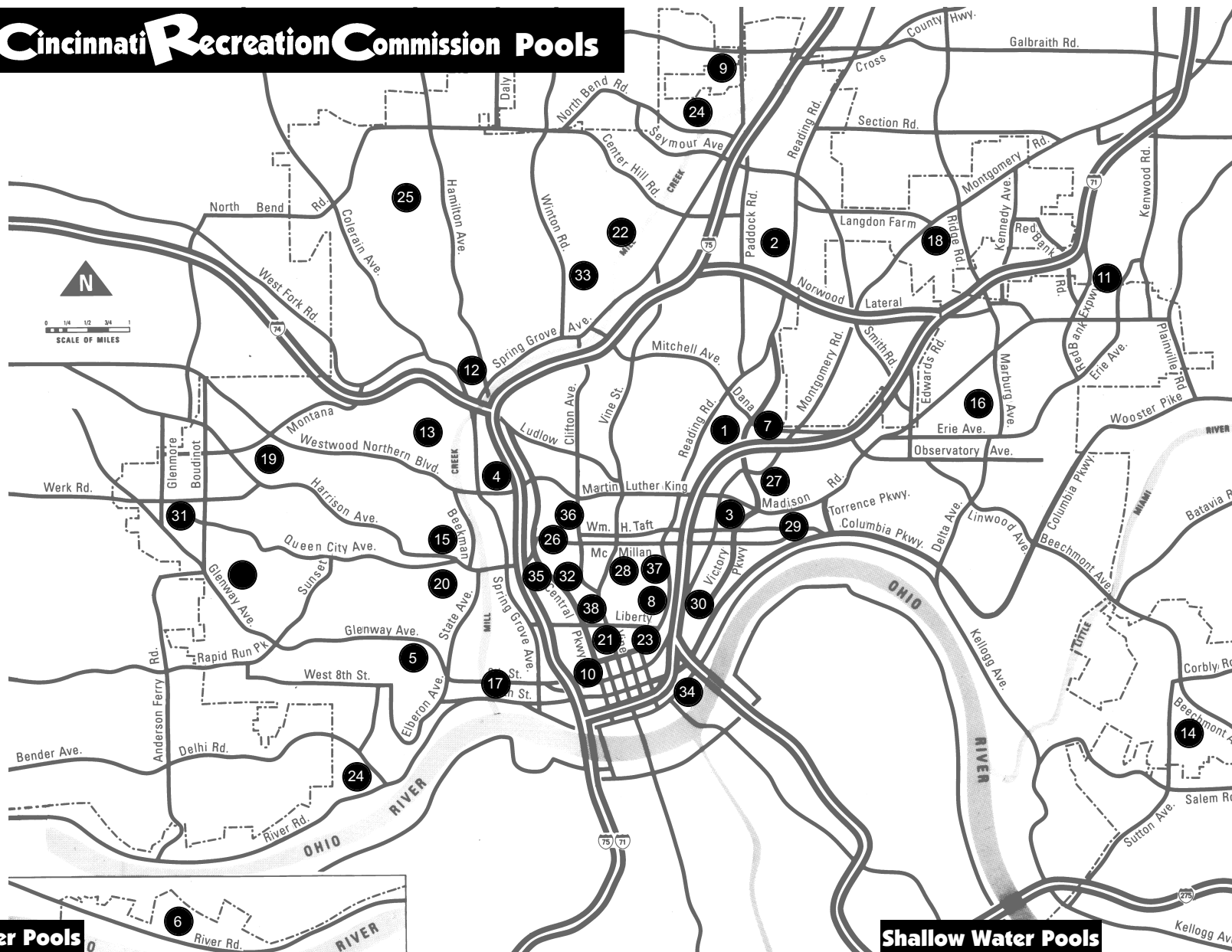
\$55.00 with or without kayak (\$5.00 CRC pool membership required)

Thursdays June 14, June 21, July 12, 9:30am to 11:00am
July 19, August 2 & August 9

- class 1-5 McKie Pool 9:30am-11:00am
Basic instruction per above will be based on participants interest
- class 6 Little Miami River, 9:00am-3:00pm
Miamiville, OH River Trip

For more information contact Steve at McKie Adventure Center 681-8247.

2007 Cincinnati Recreation Commission Pools



Deep Water Pools

- | | | | |
|-------------------|------------|--------------------|--------------------|
| 1 Avon | 6 Dickman | 11 Madisonville | 16 Oakley |
| 2 Bond Hill | 7 Evanston | 12 McKie | 17 Oyer |
| 3 Bush | 8 Filson | 13 Millvale | 18 Pleasant Ridge |
| 4 Camp Washington | 9 Hartwell | 14 Mt. Washington | 19 Ryan |
| 5 Dempsey | 10 Lincoln | 15 North Fairmount | 20 South Fairmount |

Shallow Water Pools

- | | | |
|--------------------|-----------------|---------------------------|
| 21 Washington Park | 24 Caldwell | 29 LeBlond |
| 22 Winton Hills | 25 College Hill | 30 Mt. Adams |
| 23 Ziegler | 26 Fairview | 31 Oskamp |
| | 27 Hoffman | 32 Otto Armleder at Hanna |
| | 28 Inwood | 33 Winton Place |

Indoor Pools

- | |
|-----------------------|
| 34 Concourse Fountain |
| 35 Dyer Sprayground |
| 36 Krueck |
| 37 Mt. Auburn |
| 38 Over the Rhine |
| 39 West High |



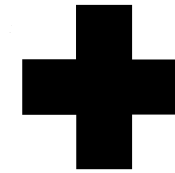
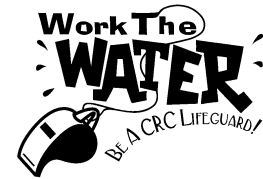
Kroger Family Fun Pool Days

Thanks to the generosity of the Kroger Company, for the seventh year, Cincinnati Recreation Commission is able to host 23 Sunday pool parties with free snacks, soft drinks, music, pool floats and lots of dancing! These three pool parties change neighborhoods every weekend, providing Cincinnati's citizens with Sunday summer fun. Beat the heat, come to one or come to one each week, but be sure not to miss out on a great way to meet your neighbors and make new friends in different neighborhoods.

Sundays, June 17 - July 29, 2:00pm-6:00pm. 2007 Kroger Family Fun Pool Days Sunday Schedule:

6/17/07	Hartwell	Filson	Avon
6/23/07	(Saturday, 12noon-5pm)	Washington Pk Community Outreach Festival	
6/24/07	McKie	Evanston	Dempsey
7/01/07	Ziegler	Bush	S. Fairmount
7/07/07	(Saturday, 1pm-5pm)	Millvale Community Outreach Festival	
7/08/07	Otto Armleder	Madisonville	Oyler
7/15/07	Camp Washington	Pleasant Ridge	Lincoln
7/22/07	Winton Hills	Hoffman	North Fairmount
7/29/07	Bond Hill	Oakley	Over-the-Rhine

Pool Name	Address	Zip	Pool phone	Neighborhood
Avon	870 Blair Ave.	45229	281-6720	Avondale
Bond Hill	1620 Yarmouth Ave.	45237	242-6897	Bond Hill
Bush	2640 Kemper Ln.	45206	751-5085	Walnut Hills
Camp Washington	1201 Stock St.	45225	681-1241	Camp Washington
Dempsey	956 Purcell Ave.	45205	921-6338	Price Hill
Evanston	3558 Evanston Ave.	45207	631-6929	Evanston
Filson	461 Ringgold St.	45210	721-1209	Mt. Auburn
Hartwell	8275 Vine St.	45216	821-2153	Hartwell
Hoffman	3059 Woodburn Ave.	45206	281-3360	Evanston / Walnut Hills
Lincoln	1027 Linn St.	45203	621-6783	West End
Madisonville	5312 Stewart Ave	45227	271-3301	Madisonville
McKie	1655 Chase Ave.	45223	681-7669	Northside
Millvale	3303 Beekman St.	45225	541-1707	Millvale
North Fairmount	1702 Denham St.	45225	921-5666	North Fairmount
Oakley	3900 Paxton	45209	631-4264	Oakley
Otto Armleder	226 Stark St.	45210	721-7521	Over The Rhine
Over The Rhine	1715 Republic St.	45210	381-8666	Over The Rhine
Oyler	2125 Staebler St.	45204	251-0475	Lower Price Hill
Pleasant Ridge	5915 Ridge Ave.	45213	531-1707	Pleasant Ridge
South Fairmount	1685 Queen City Ave.	45214	921-6262	South Fairmount
Washington Park	1315 Race Street	45210	721-5150	Over The Rhine
Winton Hills	5170 Winneste Ave.	45232	641-3688	Winton Hills
Ziegler	1311 Sycamore Ave.	45210	621-3650	Over The Rhine



**American
Red Cross**

Lifeguard Training Courses (American Red Cross)

Each year the Cincinnati Recreation Commission recruits and trains 300 lifeguards to "Work the Water" at CRC public pools. CRC aquatic staff instructors hold free, swim stroke clinics in the evenings during Fall, Winter and Spring at Krueck Indoor Pool in Clifton. These clinics are designed for anyone age 14 and older who wishes to learn and refine their swimming skills in preparation for Lifeguard Training Courses. They are offered continuously in two week sessions and you can start anytime.

CRC instructs 10-12 Lifeguard Training Courses annually, March through October. Make a difference in neighborhoods, be a lifeguard! Learn to save lives and earn your certification in American Red Cross Lifeguard Training and First Aid as well as CPR for the Professional Rescuer. Participants must be at least 15 years of age. Adults are welcome. This training is free for those working the entire summer season for the Cincinnati Recreation Commission. The book fee is \$25.00. Lifeguard Training is also available to those not working with CRC for a fee of \$225.00.

Lifeguard Training Course prerequisite skills include, swimming 300 yards continuously using 100 yds. freestyle, 100 yds. breaststroke, and 100 yds freestyle and/or breaststroke. Also, swim 20 yards freestyle or breaststroke, surface dive, retrieve a 10 lb. brick from the pool bottom and swim 20 yards back to your starting position with both hands on the brick and your face above water, climb out of the pool and stand up in 1min 40 sec. Register and screen your skills on the first day of any of the courses listed.

Courses remaining for 2007 include:

Spring

<u>Krueck Indoor Pool</u>	270 W. McMillan Avenue	
4/14/07 to 4/29/07	Sa & Su	10:00am – 5:00pm
<u>Krueck Indoor Pool</u>	270 W. McMillan Avenue	
5/05/07 to 5/20/07	Sa & Su	10:00am – 5:00pm
<u>Krueck Indoor Pool</u>	270 W. McMillan Avenue	
5/07/07 to 5/25/07	M, W & F	6:00pm – 9:30pm

Summer

(Train this summer and you can still work the remainder of the season)

<u>West High Indoor Pool</u>	2144 Ferguson Road	
6/06/07 to 8/01/07	W	8:00am – 12:30noon
<u>Krueck Indoor Pool</u>	270 W. McMillan Avenue	
6/08/07 to 6/17/07	F and	5:30pm – 9:30pm
	Sa & Su	9:00am – 5:00pm

End Summer / Fall

(It's never too early to get trained and have a job for next summer)

<u>Various CRC Pools</u>	TBD Call for locations	some sites may be evenings
7/23/07 to 8/03/07	M,T,W,H,F	9:00am – 12:00 noon
<u>Krueck Indoor Pool</u>	270 W. McMillan Avenue	
10/20/07 to 11/04/07	Sa & Su	10:00am – 5:00pm

For additional information call 357-POOL (7665). Equal Opportunity Employer

Learn To Swim Program

CRC's **Learn To Swim Program** is American Red Cross instruction designed to help swimmers of all ages begin, develop and refine their swimming skills. Red Cross Water Safety Instructors and Water Safety Aids teach a variety of swim strokes, personal safety skills and diving techniques. At more advanced levels, students refine skills and discover how to incorporate swimming into a lifetime fitness regimen. The American Red Cross **Learn To Swim Program** is the most comprehensive and effective program of its kind available anywhere! CRC's Red Cross **Learn To Swim Program** is progressive; you must satisfactorily demonstrate the skills of the previous level on the first day of class to gain admittance into the next level. On day one swimmers will be placed into levels based upon skill testing.

Private Lessons: 1/2 hour = \$15.00 / 4-lesson package = \$50.00
Group Lessons: 10-12 1/2 hour classes = \$10.00 or \$30.00
(see chart, next page for details)

Learn To Swim Program Session Dates are as follows unless otherwise noted:

Session Date 1 Monday, June 11 to Thursday, June 28

Session Date 2 Monday, July 9 to Thursday, July 26

Pleasant Ridge Pool Registration at Pleasant Ridge Center - 5915 Ridge Road

Thursday, June 7 6:30pm-8:30pm

West High Pool Registration at Dunham Arts Building - 1945 Dunham Way

Sunday, June 3 4:00pm-7:00pm

For Registration at all other pools-visit or call the pool.

*Course fees will not be refunded for inclement weather or class cancellations.

Adults of all skill levels are welcome year round for lessons. Contact the pool.

Parents and Child Aquatics - ages 6 months-5 years old.

Builds swimming readiness while emphasizing fun. A great chance for children and parents to enjoy the water together! Parents are required to be in the water with their children.

Level 1- Introduction to Water Skills ages 5 and older

Orientation to water, basic safety rules, blowing bubbles and bobbing in chest deep water.

Level 2 -Fundamental Aquatic Skills

Expands on basic skills, gliding, rhythmic breathing, flutter kick, retrieving objects from pool bottom in chest deep water.

Level 3 -Stroke Development

Increases swimming skills, safety and non-swimming rescue skills, safe diving rules, life jackets and opening airways.

Level 4 -Stroke Improvement

Develops confidence and competency in strokes and safety skills, familiarity with CPR, perform rotary breathing, deep water bobbing and experimenting with buoyancy and floating positions.

Level 5 -Stroke Refinement

Provides further coordination and refinement of strokes, butterfly, front crawl, back crawl, breaststroke, elementary backstroke and sidestroke.

Level 6 -Swimming and Skill Proficiency

Develops maximum efficiency, power and endurance of strokes. Menu options: Personal Water Safety, Lifeguard Readiness, Fundamentals of Diving, Fitness Swimming.

Learn to Swim ProgramSchedule

POOL	Phone	Type	Lesson Fee	Session Dates	Days of Week	1/2 hour classes Class Times	Levels offered	Day Camp Lessons	
Avon	281-6720	deep	\$10.00	1 & 2	M-Th	12:00pm- 1:00pm	1,2,3	M,W	6/18-7/25 11:30am-12:00pm
Bond Hill	242-6897	deep	\$10.00	1 & 2	M-Th	12:00pm- 1:00pm	1,2,3,4,5	M,W	6/11-7/25 12:00pm-12:30pm
Bush	751-5085	deep	\$10.00	1 & 2	M-Th	12:00pm- 1:00pm	1,2,3	M,W	6/11-7/25 11:30am-12:00pm
Caldwell	821-4473	shallow	\$10.00	1 & 2	M-Th	11:15am-12:15pm	1,2	M,T,Th,F	6/12-6/29 11:30am-12:30pm
Camp Washington	681-1241	deep	\$10.00	1 & 2	M-Th	12:00pm- 1:00pm	1,2,3,4,5	M,W,F	6/11-8/3 11:00am-12:00pm
College Hill	541-4504	shallow	\$10.00	1 & 2	M-Th	11:30pm-12:30pm	1,2	M,T,W,Th	6/11-6/28&7/9-7/26 12:00am-1:00pm
Dempsey	921-6338	deep	\$10.00	1 & 2	M-Th	10:30am-12:00pm	1,2,3,4,5	M,W,Th,F	6/13-7/25 12:00pm-12:30pm
Dickman	941-6270	deep	\$30.00	1 & 2	M-Th	10:30am-11:15am	Parent & Child	M,W	6/11-6/29&7/9-7/27 10:30am-11:30am
Evanston	631-6929	deep	\$10.00	1 & 2	M-Th	5:30pm- 6:30pm	1,2,3,4,5	M,W	6/18-8/1 10:00am-11:00am
Fairview	421-4576	shallow	\$10.00	1 & 2	M-Th	12:30pm- 1:00pm	1,2,3	T,Th	6/12-7/26 12:00pm-12:30pm
Filson	721-1209	deep	\$10.00	1 & 2	M-Th	12:00pm- 1:00pm	1,2,3	M,T,Th,F	6/18-7/6 & 7/9-7/27 12:00pm-1:00pm
Hartwell	821-2153	deep	\$30.00	1 & 2	M-Th	12:00pm-1:00pm	1,2,3,4,5	M,F	6/11-7/27 10:30am-11:00am
Hoffman	281-3360	shallow	\$10.00	1 & 2	M-Th	4:30pm- 5:30pm	1,2	M,T,W,F	6/11-6/29&7/16-8/3 10:30am-12:00pm
Inwood	241-5412	shallow	\$10.00	1 & 2	M-Th	12:30pm-1:00pm	1,2		
Krueck	861-2333	Indoor	\$30.00	1 & 2	M-Th	11:30am-12:30pm	1,2,3,4,5	M,W,F	6/13-7/6 & 7/9-8/3 12:30pm-1:30pm
LeBlond	281-3717	shallow	\$10.00	1 & 2	M-Th	12:30pm-1:00pm	1,2	M,T,Th	6/11-7/26 11:00am-12:00pm
Lincoln	621-6783	deep	\$10.00	1 & 2	M-Th	11:00am-12:00pm	1,2,3,4	W,F	6/13-6/27&7/9-7/30 11:45am-12:15pm
Madisonville	271-3301	deep	\$10.00	1 & 2	M-Th	5:00pm -6:00pm	1,2,3,4,5	M,W	6/13-7/25 10:30am-11:00am
McKie	681-7669	deep	\$10.00	1 & 2	M-Th	11:00am-12:00pm	1,2,3,4,5	Tu,F	6/12-7/27 11:15am-11:45am
Milvale	541-1707	deep	\$10.00	1 & 2	T&Th	5:30pm- 6:00pm	1,2,3,4		
Mt. Adams	421-5073	shallow	\$30.00	1 & 2	M-Th	12:00pm- 1:00pm	1,2,3,4,5	M,T,Th,F	6/11-6/29&7/9-7/27 11:00am-12:00pm
Mt Auburn	381-6780	Indoor	\$30.00	6/16-8/4	Sa	11:30am- 1:00pm	Parent & Child		
Mt. Washington	232-5621	deep	\$30.00	6/23-8/11	M & W	12:30pm- 1:00pm	1,2,3,4,Adult		
North Fairmount	921-5666	deep	\$10.00	1 & 2	M-Th	10:15am-12:00pm & 4:30pm-5:00pm	1,2,3,4,5	M,T,W,Th	6/12-6/28 & 7/9-7/26 10:30am-11:30am
Oakley	631-4264	deep	\$30.00	1 & 2	M-Th	12:00pm- 1:00pm	1,2,3,4	M,W	6/18-7/30 9:30am-11:30am
Oskamp	922-1843	shallow	\$10.00	6/18-7/25	M&W	11:00am-12:00pm	1,2,3,4,5		
Otto Armleder	721-7521	shallow	\$10.00	1 & 2	M-Th	5:30pm-6:30pm	1,2		
Over The Rhine	381-8666	Indoor	\$10.00	1 & 2	M-Th	12:00pm-6:00pm	Parent & Child, 1,2		
Oyler	251-0475	deep	\$10.00	1 & 2	M-Th	12:30pm- 1:00pm	1,2,3,4		
Pleasant Ridge	531-1707	deep	\$30.00	1 & 2	M-Th	11:30am-12:30pm	1,2,3		
Ryan	661-3128	deep	\$10.00	1 & 2	M-Th	9:30am-11:00am	1,2,3,4,5	M,T,W,F	6/11-6/29 & 7/9-7/27 11:00am-12:30pm
South Fairmount	921-6262	deep	\$10.00	1 & 2	M-Th	11:30am-12:30pm	1,2,3,4,5	M,Th	6/11-6/28 & 7/9-7/26 11:30am-12:00pm
Washington Park	721-5150	deep	\$10.00	1 & 2	M-Th	12:00pm-12:30pm	1,2,3	W,F	6/20-7/27 10:00am-12:00pm
West High	363-8830	Indoor	\$45.00	6/11-8/3	M-F varies	8:00am- 2:15pm	Parent & Child, 1,2,3,4,5,6		
Winton Hills	call # 357-POOL(7665)	deep	\$10.00	for details prior to season / call # 363-8830			for information		
Winton Place	641-3688	deep	\$10.00	1 & 2	M-Th	12:30pm- 1:00pm	1,2,3,4		
Ziegler	621-3650	shallow	\$10.00	1 & 2	M-Th	5:00pm- 5:30pm	1,2		
		deep	\$10.00	1 & 2	M-Th	12:30pm- 1:00pm & 5:30pm- 6:00pm	1,2,3		

Lunch Program

In case you forgot your lunch, need a lunch, or are just plain hungry in the middle of a hot summer day, the Cincinnati Public School Free Lunch Program is here to help. CRC provides free lunch sites across the city for youth ages 18 and under. There's no fee, no registration, simply arrive at any site 15 minutes before the scheduled time so a lunch can be ordered. CRC pools support this program and will close for 15 minutes to 1/2 hour as needed for children to enjoy lunch. Adult swims and / or day camp group swims for those who are not eating free lunch will be held during this time at pools with adult participants or groups.

Additional breakfast and lunch locations are available. Schedule is subject to change. For information call Cincinnati Public Schools Food Service at 363-0800. The CRC pool / center free lunch sites are:

Pool	Address	Phone	Pool Type	Neighborhood	Free Lunch Times
Avon	870 Blair Ave.	281-6720	deep	Avondale	2:15pm
Bond Hill	1620 Yarmouth Ave.	242-6897	deep	Bond Hill	2:30pm
Bush	2640 Kemper Ln.	751-5085	deep	Walnut Hills	12:35pm
Caldwell	316 North Bend Rd.	821-4473	shallow	Carthage	
Camp Washington	1201 Stock St.	681-1241	deep	Camp Washington	1:30pm
College Hill	5660 Belmont Ave.	541-4504	shallow	College Hill	
Concourse Ftn.	601 East Mehring Way	352-3675	shallow	Downtown	
Dempsey	956 Purcell Ave.	921-6338	deep	Price Hill	2:30pm
Dickman	6720 Home City Ave.	941-6270	deep	Saylor Park	2:30pm
Dyer Sprayground	2110 Freeman Ave.	241-1192	sprayground	West End	1:55pm
Evanston	3558 Evanston Ave.	631-6929	deep	Evanston	
Fairview	2219 Ravine St.	421-4576	shallow	Clifton Heights	
Filson	461 Ringgold St.	721-1209	deep	Mt. Auburn	2:40pm
Hartwell	8275 Vine St.	821-2153	deep	Hartwell	12:00pm
Hoffman	3059 Woodburn Ave.	281-3360	shallow	Evanston / Walnut Hills	
Inwood	2322 Vine St.	241-5412	shallow	Mt Auburn / Clifton	
Krueck	270 W. McMillan Ave.	861-2333	Indoor	Clifton Heights	
LeBlond	2335 Eastern Ave.	281-3717	shallow	East End	
Lincoln	1027 Linn St.	621-6783	deep	West End	2:10pm
Madisonville	5312 Stewart Ave.	271-3301	deep	Madisonville	1:35pm
McKie	1655 Chase Ave.	681-7669	deep	Northside	11:40pm
Millvale	3303 Beekman St.	541-1707	deep	Millvale	11:40pm
Mt. Adams	966 Mt. Adams Cir.	421-5073	shallow	Mt. Adams	12:40pm
Mt. Auburn	270 Southern Ave.	381-6780	Indoor	Mt. Auburn	
Mt. Washington	1715 Beacon St.	232-5621	deep	Mt. Washington	2:00pm
North Fairmount	1702 Denham St.	921-5666	deep	North Fairmount	
Oakley	3900 Paxton Rd.	631-4264	deep	Oakley	1:20pm
Oskamp	5652 Glenway Ave.	922-1843	shallow	Western Hills	
Otto Armleder	226 Stark St.	721-7521	shallow	Over The Rhine	2:20pm
Over The Rhine	1715 Republic St.	381-8666	Indoor	Over The Rhine	1:10pm
Oyler	2125 Staebler St.	251-0475	deep	Lower Price Hill	
Pleasant Ridge	5915 Ridge Ave.	531-1707	deep	Pleasant Ridge	1:05pm
Ryan	3324 Meyer Place	661-3128	deep	Westwood	1:55pm
South Fairmount	1685 Queen City Ave.	921-6262	deep	South Fairmount	1:40pm
Washington Park	315 Race St.	721-5150	deep	Over The Rhine	1:45pm
West High	2144 Ferguson Rd.	363-8830	Indoor	Western Hills	
Winton Hills	5170 Winneste Ave.	641-3688	deep	Winton Hills	1:10pm
Winton Place	634 Hand Avenue	542-2768	shallow	Winton Place	1:20pm
Ziegler	1311 Sycamore Ave.	621-3650	deep	Over The Rhine	2:30pm

Open Swim Times

Visit your neighborhood pool or a pool across town during open swim and have fun! Swim, splash and socialize with neighbors and friends. Swimming is the second most common form of exercise. Open swims are for all ages. Children age 6 and under must be accompanied and actively supervised by a parent or adult guardian at all times. Use the 1 meter diving board at deep water pools, jump into the shallow water, swim laps, or just cool off during the CRC pools' open swim times. Several pools offer a lap swimming lane during open swims.

Remember, Concourse Fountain at the Riverfront and Dyer Sprayground on Freeman Ave. are free.

Call the pool of your choice for days and time.

Hours subject to change. *season extended

Pool	Weekday Open Swim Times	Daytime Open Swim Times	Evening Open Swim Days and Times	Special Evening Swim Days and Times	Saturday Open Swim
Avon	1:00pm-4:30pm				1:00pm-4:30pm
Bond Hill	1:00pm-4:30pm				1:00pm-4:30pm
Bush	1:00pm-4:30pm		M-Th 5:30pm-6:30pm		1:00pm-4:30pm
Caldwell	12:30pm-4:30pm				
Camp Washington	1:00pm-5:00pm		M,T,Th,F 6:00pm-7:00pm		1:00pm-5:00pm
College Hill	1:00pm-5:00pm				1:00pm-5:00pm
Concourse Ftn.	12:00pm-6:00pm		W 6:00pm-9:00pm	*Saturday & Sunday	12:00pm-8:00pm
Dempsey	12:00pm-4:30pm		Th 5:30pm-8:30pm		12:00pm-4:30pm
Dickman	1:00pm-5:00pm		W Family Night 6:30pm-8:00pm	Fri. Family Night 6:00pm-8:00pm	1:00pm-5:00pm
Dyer Sprayground	12:30pm-5:30pm		5:30pm-7:30pm		1:30pm-6:30pm
Evanston	1:00pm-4:30pm		T 5:30pm-7:30pm		1:00pm-4:30pm
Fairview	12:30pm-4:30pm				12:30pm-4:30pm
Filson	1:00pm-4:30pm		T,Th 5:30pm-7:30pm		1:00pm-4:30pm
Hartwell	1:00pm-4:30pm		M,Tu,F 5:30pm-7:00pm		1:00pm-4:30pm
Hoffman	12:30pm-4:30pm		T,Th 5:30pm-7:30pm		
Inwood	12:00pm-4:00pm				
Krueck	12:30pm-4:30pm				
LeBlond	1:30pm-5:30pm				
Lincoln	12:00pm-4:30pm		T 5:30pm-7:00pm		12:00pm-4:30pm
Madisonville	1:00pm-5:00pm			Fri. Adult/Family Night 5:00pm-7:00pm	1:00pm-5:00pm
McKie	12:00pm-4:30pm		T,Th 5:30pm-7:30pm		12:00pm-4:30pm
Millvale	1:00pm-4:30pm		T 5:30pm-7:00pm		1:00pm-4:30pm
Mt. Adams	1:00pm-5:00pm		5:00pm-7:00pm	Wed. 4:00pm-7:00pm	Saturday & Sunday 1:00pm-7:00pm
Mt. Auburn	No open swim during summer.				
Mt. Washington	12:00pm-4:30pm		M,W 6:00pm-7:30pm		12:00pm-4:30pm
North Fairmount	1:00pm-4:30pm		WAdult Night 5:30pm-7:30pm	ThFamily Night 5:30pm-7:30pm	1:00pm-4:30pm
Oakley	12:00pm-4:30pm		T,Th 5:30pm-7:00pm		12:00pm-4:30pm
Oskamp	12:30pm-4:30pm				
Otto Armleder	12:30pm-5:30pm		M-F 5:30pm-6:30pm		12:30pm-6:30pm
Over The Rhine	1:00pm-4:30pm				
Oyler	12:30pm-4:30pm		F 5:30pm-7:30pm		12:30pm-4:30pm
Pleasant Ridge	12:00pm-4:30pm		M-Th 5:30pm-7:30pm	Fri. Adult / Family 5:30pm-7:30pm	12:00pm-4:30pm
Ryan	12:00pm-4:30pm		M,Th 5:30pm-7:00pm	T,W 5:30pm-6:30pm	12:00pm-4:30pm
South Fairmount	12:30pm-4:30pm			Tues. Community 5:30pm-7:30pm	12:30pm-4:30pm
Washington Park	12:30pm-4:30pm				12:30pm-4:30pm
West High	2:15pm-3:00pm-M,Tu,Th,F W 3:00pm-4:30pm				
Winton Hills	1:00pm-4:30pm				1:00pm-4:30pm
Winton Place	12:30pm-5:00pm		T 5:30pm-7:30pm, F 5:00pm-7:30pm		12:30pm-5:00pm
Ziegler	1:00pm-4:30pm		W,F 5:30pm-7:00pm		1:00pm-4:30pm

Swim Teams / Instructional League

Children and teens ages 17 and under will improve their swimming skills, learn competitive swim strokes (freestyle, backstroke, breaststroke, and butterfly), as well as entries and turns by joining one of CRC's 26 offered swim teams.

Swim team participation is free with a pool membership. We ask that all youth are registered with a parent or guardian's permission. Get involved. Come out on Wednesday evenings and cheer on your favorite swimmer!

Did you know over 25% of our lifeguards swam on swim teams?

Summer instructional league swim meets are held each Wednesday June 20 - July 25. Most meets have 3-4 teams attending and are at 6:00pm. Rain-out & make-up meets will be held on Friday evenings. The city finals championship meet is 11am on Saturday, July 28th at the University of Cincinnati's new Campus Recreation Aquatic Center, thanks to the UC Alumni Association. Over 600 youth swim in our league. Make waves, join the team of your choice.

For additional information call 357-POOL (7665) or call the pool of your choice.

<u>POOL</u>	<u>Phone</u>	<u>Type</u>	<u>Practice Times</u>	<u>Days of Week</u>
Avon	281-6720	deep	4:30pm-5:30pm	M-F
Bond Hill	242-6897	deep	4:30pm-5:30pm	M-F
Bush	751-5085	deep	4:30pm-5:30pm	M-F
Camp Washington	681-1241	deep	5:00pm-6:00pm	M-F
Dempsey	921-6338	deep	4:30pm-5:30pm	M-F
Dickman	941-6270	deep	11:00am-12:00pm	M-F
Evanston	631-6929	deep	4:30pm-5:30pm	M-F
Filson	721-1209	deep	4:30pm-5:30pm	M-F
Hartwell	821-2153	deep	4:30pm-5:30pm	M-F
Lincoln	621-6783	deep	4:30pm-5:30pm	M-F
Madisonville	271-3301	deep	12:00pm-1:00pm	M-F
McKie	681-7669	deep	4:30pm-5:30pm	M-F
Millvale	541-1707	deep	4:30pm-5:30pm	M-F
Mt. Washington	232-5621	deep	5:00pm-6:00pm	M-F
North Fairmount	921-5666	deep	4:30pm-5:30pm	M-F
Oakley	631-4264	deep	4:30pm-5:30pm	M-F
Oyler	251-0475	deep	4:30pm-5:30pm	M-F
Pleasant Ridge	531-1707	deep	4:30pm-5:30pm	M-F
Ryan	661-3128	deep	4:30pm-5:30pm	M-F
South Fairmount	921-6262	deep	4:30pm-5:30pm	M-F
Washington Park	721-5150	deep	4:30pm-5:30pm	M-F
Winton Hills	641-3688	deep	4:30pm-5:30pm	M-F
Ziegler	621-3650	deep	4:30pm-5:30pm	M-F
INDOOR				
Krueck	861-2333	Indoor	4:30pm-5:30pm	M-F
Over The Rhine	381-8666	Indoor	4:30pm-5:30pm	M-F
West High	363-8830	Indoor	3:00pm-3:45pm	M,T,Th,F
			3:45pm-4:45pm	M,T,Th,F
			1:00pm-3:00pm	W



CRC City Wide Stingrays Team

Year round USA Swimming swim team instruction and fitness is available quarterly, for youth ages 17 and under, at Krueck Pool, 270 W. McMillan, in Clifton. Practices are Monday through Friday from 6:45pm to 8:30pm. Swimmers may attend as many practices as their schedule allows. We usually have 1-2 meets a month during fall and winter quarters. Swim for one quarter or all three, this program is offered fall, winter and spring. Cost \$125/qtr. or \$300/year. USA Outreach Rates: \$50/qtr. or \$150/year. Scholarships available. **For program dates, call the Aquatic Division office at**

22 357-POOL(7665) or call Krueck Pool at 861-2333.

Cincinnati Recreation Commission

Aquatic Division

Sweep & Swim Program

Earn your pool membership!

It's easy and you'll be helping your local pool!

There's two ways to earn your pool membership

good for the season at all CRC pools:

For ages 7 and older:

Option 1. Arrange with the pool manager to help sweep glass, pick up litter from the pool and playground area, hose the pool deck, and weed the area for a total of **one hour** in the mornings before the pool opens and **earn your pool membership!**

Option 2. Arrange with the pool manager to work one **Wednesday** in June/July at any CRC swim meet from **5:30pm to 8:30pm** as a timer or a ribbon writer and **earn your pool membership!**

For ages 6 and younger:

Option 1. Their parent or guardian may work **one additional morning hour** of pool cleaning to earn an additional token for each child.

Option 2. Choose to work an additional swim meet.

S.O.S. Suit our Summer Program

With the help of many individuals the Aquatic Division staff annually collects **1,000 new and gently-used swimsuits** for those in need of a swimsuit in order to swim at CRC pools. You can drop off or send swimsuits to:



**Cincinnati Recreation Commission
Aquatic Division**

805 Central Ave. • Suite 800
Cincinnati, OH 45202

For additional information on either program please contact your local pool manager or call 357-POOL (7665).

Cincinnati Recreation Commission

SWIMMING POOL

RULES AND REGULATIONS 2007

The Cincinnati Recreation Commission has the responsibility to provide a clean, pleasant, and safe environment for public swimming. The following rules and regulations have been developed with that responsibility in mind. Situations may occur that require immediate corrective action. Lifeguards are expected to exercise their best judgment in those situations and have full authority to act in order to ensure the safety of swimmers. To help us, we ask that all pool patrons follow these rules.

The following rules pertain to the swimming pools, bath houses, wading pools, grass areas, entrance ways and pool decks of the Cincinnati Recreation Commission. Pool memberships are required for all patrons entering the facility, including infants and adults who are supervising children.

HEALTH CODE

- Any person suspected of having an infectious or communicable disease or any person with an obvious infectious wound, head lice (CRC has a no nit policy) or ringworm shall not be permitted to use the pool. However, these persons may be granted entry upon verification of a written statement from a physician that the condition is not infectious.
Reason: Keep chance of spreading infectious disease to a minimum.
- Please don't swim when you have diarrhea. This is especially important for children in diapers.
Reason: Diarrhea can contain disease.
- Please don't swallow pool water.
Reason: Help protect yourself against Recreational Water Illnesses.
- Please wash your hands with soap and water after using the toilet or changing diapers.
Reason: Keep yourself and others from getting sick.
- Please take your children on bathroom breaks every 30 to 60 minutes.
Reason: Reduces the chance of fecal contamination and reduces the amount of urine in the pool.
- Please change diapers in the restroom and not at poolside.
Reason: Reduces germs on benches and pool area surfaces.
- Please wash your child thoroughly (especially the rear end) with soap and water before swimming.
Reason: Reduces the amount of fecal matter in the pool.
- No person who is observed passing feces, urine or blood into a pool shall be permitted to use the pool, until the condition is controlled.
Reason: Body fluids may contain infectious pathogens and contaminate the water.
- Patrons are to shower before entering the water.
Reason: To reduce sweat and other body fluids in pool which affect the water chemistry.

GENERAL FACILITY RULES

- Lifeguards are not babysitters. **Children and their behavior are the responsibility of parents.**
Reason: Lifeguards are busy watching their zones of coverage.
- Children 17 and under should be registered for membership by a parent or guardian.
Reason: In case of emergency, information on minor children should be available. Parents should know where their children are.
- **Children 6 years and younger should be accompanied and actively supervised with touch supervision** at all times in groups of three or less by a parent, legal guardian, or adult age 18 or older. Parents with more than three children under age six may supervise all their children.
Reason: Highest incidence of drowning occur in this age group.
Adult supervision is mandatory.
- Arrangements by established childcare providers can be made in advance to accommodate ratios of one adult to 10 preschool children and one adult to 15 elementary age children.
Child care providers must actively supervise children.
Reason: Must be approved by Pool Supervisor or Pool Manager.
- Horseplay, rough or boisterous play, such as running, pushing, dunking or splashing, is not permitted.
Reason: These are hazardous, a patron could be injured.
- Profanity, improper behavior, intoxication and use of illegal substances, drugs and weapons are not allowed.
Reason: It is unlawful to possess weapons, illegal substances and/or alcohol on CRC property.
- Sexual harassment or harassment of any kind of staff is not tolerated. If behavior occurs, patron(s) will be asked by the pool manager to discontinue the behavior. If the sexual harassment continues, patron(s) will be asked to leave the facility and grounds.
Reason: This type of behavior will not be tolerated.
- Food, drinks, gum, chewing tobacco, and smoking are not permitted inside the pool facility. Food and drinks may be allowed on sites with designated food areas.
Reason: Trash can cause problems with insects, ants and bees.
Cigarette butts can burn feet. Gum and candy can be a choking hazard.
- All swimmers should wear proper swimwear. Underwear is not to be worn under swimsuits.
Reason: Improper swim attire. Undergarments contain body fluids and detergent residue.
- T-shirts, cut-off shorts, shorts with zippers, baggy shorts that expose the buttocks, and thongs are not permitted. In case of severe sunburn, children should be out of the sun, not at the pool. Only specific, UV protective snug fitting shirts are permitted in the pool.
Reason: The loose fringe from shorts clog filter basket. Shorts with zippers or metal accessories scrape the slide. Soap in clothing affects water chemistry residual. T-shirts worn for over-exposure to sun do not protect adequately and are a potential safety hazard.
- All incontinent swimmers (adults or children) must wear swim diapers / non biodegradable diapers made for swimming.
Reason: To help contain body fluids.
- Only adults supervising children are permitted inside pool area wearing street clothes, and should remain back near the fence, not up by the pool.
Reason: Pool area is for those actively participating in pool activities. Patrons are too tempted to push in bystanders.

- Glass objects, including beverages, are not permitted in pool facility (deck, entryway, office, or restrooms).
Reason: Glass can cause injury if broken.
- The City is not responsible for left, lost, or stolen articles.
Reason: Staff cannot take responsibility for watching patron's valuables left on the deck.
- Inappropriate display of affection is not permitted. This includes fondling, french kissing, and intercourse.
Reason: Improper public behavior.
- Patrons are not to visit with lifeguards or climb on guard chairs.
Reason: This distracts from lifeguard's primary responsibility of surveillance.
- Personal space music (i.e., i-pods, Walkman, MP3 players, headphones) is allowed on deck by patrons only. Each site without a speaker system may have one sound system controlled by staff. Music is not to include profanity, sexually explicit or racially offensive language.
Reason: Some patrons do not like loud music. Guards may not be able to hear someone yell for help.
- Patrons may be in the office with staff personnel for emergencies only.
Reason: Office is for CRC business.
- Phone is for emergency and business use only. No personal calls. This applies to staff and to patrons.
Reason: Phone must be available at all times for an emergency, incoming as well as outgoing calls.
- Cell phones, video cameras and electronic devices are not permitted in restrooms or locker rooms.
Reason: Restrooms and locker rooms are private areas for changing and showering.

SWIMMING POOLS

- Absolutely no diving into water of five feet or less in depth.
Reason: Head injury or spinal injury could occur.
- No back dives or flips from the side of the pool.
Reason: Chance of injury is great.
- Ball playing, frisbee and football tossing are not permitted in the pool facility.
Reason: Patron can be hit by object resulting in injury.
- During open swim, Nerf balls, beach balls and foam logs (noodles), are permitted during low attendance. Rubber rafts, tubes and other inflatable items are permitted at the discretion of the manager.
Reason: During crowded conditions, floats can interfere with swimmers, as well as the lifeguard's line of sight.
- Kickboards are to be used only in lap areas or during lessons.
Reason: Can cause injury if used improperly.
- Swimmers using lap lanes must move continuously.
Reason: To avoid swimmers running into each other.

- Ladders are to be used only for entering or exiting the pool. Playing on ladders is not permitted.
Reason: High incident of accidents can occur here.
- Hanging on or swimming under safety lines is not permitted. Hanging on lane lines is not permitted.
Reason: Can be a false security for non-swimmers.
- Spouting or spitting of water in pool or on deck is not permitted.
Reason: Not a healthy practice.
- Life jackets (U.S. Coast Guard approved) may be used by non-swimmers and are restricted to the shallow end. **Absolutely no water wings or foam bubbles allowed in large pool. Water wings or foam bubbles are permissible in the wading pool only.**
Reason: Water wings can deflate or slip off causing a dangerous situation for a non-swimmer.
- Swim goggles are acceptable. Mask, fins, and snorkel are permitted only during organized swim class, discover scuba program or underwater hockey games.
Reason: Masks can fill with water, or slip over mouth and nose causing a potentially dangerous situation. Snorkels can flood, causing choking.
- During rest periods, only those 18 years and older are permitted to swim. Children under 6 years are permitted at this time when one parent or adult accompanies each child. If there are no adults, this could be teen time, or a water game time, or eliminated.
Reason: Allows younger swimmers a chance to rest and use the bathroom.

DIVING AREAS

- To be permitted to go off the board, patron must be able to swim to the side of pool without assistance.
Reason: All diving rules and regulations are for the safety of our patrons.
- One person on a diving board at a time (including steps of the ladder). The next person should wait on the deck until the person on the board goes off.
- Diving and jumping permitted in a forward direction from the end of the board only. Make sure area under board is clear.
- Leave the water by the nearest ladder immediately after dive.
- Free swimming is not permitted in diving area unless the board(s) are closed and the entire area is designated for open swim by the lifeguard with the manager's approval at non crowded times.
During open swim, no diving from the side of pool.
- One bounce on board. This refers to a hurdle step and one bounce, not two.
- Hanging on boards is not permitted.
- Inward dives and sit dives are not permitted.
- Children are not permitted to jump off the board to other patrons or staff.
- Swimming under or between boards is not permitted.

WADING POOLS

- Only children 6 years and younger with parent or adult age 18 and older are permitted. One adult may supervise up to a maximum of three children in the wading pool.
Reason: Children under 6 have a high incident of water related accidents or injury.
- Parents and adults must actively supervise their children while in the wading pool area.
Reason: Lifeguard does not have the ability to adequately watch numerous preschoolers at once. **Lifeguards are not babysitters.**
- Prior arrangements by established child care providers can accommodate ratios of one adult supervising up to 10 children.
Reason: Pool Supervisor or Pool Manager should approve this.
- Dives from deck are not permitted.
Reason: In shallow water, the possibility for injury is too great.
- Running is not permitted in the wading pool water or on the deck.
Reason: Falls and injury can occur on wet surface.
- **Disposable swim diapers are recommended. Snug fitting plastic pants must cover cloth diapers.** Regular disposable diapers absorb water and disintegrate and are not permitted in CRC pools.
Reason: To help contain body fluids and help keep disease from spreading.
- Climbing on or over wading and shallow pool dividing walls is not permitted.
Reason: Falls are likely and depths of water are different.
- Adults supervising children are not permitted in the wading pool in their clothes.
Reason: Residual laundry detergents upset the pool water chemistry.

Aquatic Division 2007 Dog Days of Summer

Swim and have fun with your dog at select CRC Pools and help raise funds for the pools and SPCA!

\$10 minimum donation per dog / per location

- Friendly, well-socialized, non-aggressive dogs only
- (no pit-bull breeds permitted)
- bags provided



Mon. Aug. 6
5:00-8:00pm
Caldwell Pool

Wed. Aug. 8
5:00-8:00pm
Winton Place Pool

Sat. Aug. 11
1:00-4:00pm
Pleasant Ridge Pool

Tues. Aug. 7
5:00-8:00pm
College Hill Pool

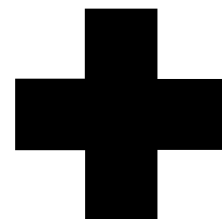


Thurs. Aug. 9
5:00-8:00pm
Mt. Adams Pool



for more
information call
357-POOL (7665)

*Dates Subject to change when funds are recieved for pool season extension.



American Red Cross

Water-Safety Presentation

Parents: Are your children safe around water?

Find out more at the American Red Cross

"Whale's Tales" Water-Safety Presentation

Concourse Fountain at Sawyer Point (downtown)
Daily: 2:30 pm

Neighborhood Pool-Watch Program

The Cincinnati Recreation Commission wants your help.

Save a Life... Help prevent drownings.
Watch your pool. Call 911.

- Alert police if you see swimmers in a pool area after hours.
Your phone call can make a difference and save a life.
- If you see fence cuts after hours at city pools, call the City of Cincinnati Customer Service number at 591-6000 to alert the Cincinnati Recreation Night Fence Crew.
- Watch your children.
Never - not even for a moment - leave small children unsupervised near water.
- Swim when pools are open, with lifeguards on duty.
- Learn to swim, take Cincinnati Recreation Commission American Red Cross swim lessons at one of our 39 pools.

For more information, call CRC Aquatics Division at 357-POOL (7665)

Cincinnati Recreation Commission